

LINK

LOCAL NEWS OF CATON & BROOKHOUSE

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JANUARY 2024

LINK HIGHLIGHTS THIS MONTH

Burns Night - see page 2 Afternoon Tea - see page 5
Alpha Course - see page 6 Preloved Auction - see page 2
Leisure Club Talks- see page 8

PARISH COUNCIL

Contact the Parish Clerk Gillian Mason on 07882 949110 or by email catonparishcouncil@gmail.com

Parish Clerk: New Clerk Needed

The Parish Council needs a new Parish Clerk, as Gill Mason is standing down shortly. This is a part-time post, which can be done mainly working from home. Attendance is expected at the monthly Parish Council meeting (second Tuesday evening of each month apart from August). The work is primarily administrative, including minuting meetings and correspondence. The Clerk is also our Responsible Financial Officer, setting up online bank payments and keeping payment records. An excellent post for someone who would like to be involved with their local community. There is some flexibility on hours and salary, but over £800 a month for up to 14 hours a week work. We are happy to consider people who have transferable experience in other workplace settings, as mentoring and training in local authority administration is available. Enquiries to Jenny Walmsley on 01524 771299 or jenny.walmsley1@btinternet.com.

Budget The Parish Council has drafted a budget for 2024/25. Changes include paying for more frequent mowing at Fell View Play Park and the playing fields there, and money for regular maintenance of the Play Park as volunteer commitment alone is not enough. This year we really hope to purchase solar-powered Speed Indicator Devices (SPIDs) to help road safety. We will decide in January how much the Parish Precept for 2024/25 will be.

Poors Land The Parish Council has made ten grants to residents out of the income from the Poors Land Charity. Caton Greenway improvements We hope that the additional benches and planting planned for the Greenway will take place early in 2024. It has taken a while to find contractors able to take on the work.

Next Parish Council meeting Tuesday 9 January 7pm in the Victoria Institute

Fell View Play Park A big Thank you to Caton Gala for their donation of £100 towards the Play Park renovation. We are awaiting confirmation that our bid to the Lancashire Environment Fund has been successful.

We are now looking for a contractor to carry out landscaping work at the play park early in 2024. Tasks include:

1. Resurfacing and reseeding under the zipwire and in the goal mouth
2. Replacing existing wooden fence posts and retaining posts with recycled plastic sleepers
3. Replacing wooden ground-level edging with recycled plastic edging.

For more information please contact Jenny Walmsley on 01524 771299 or 07961 292 186 or jenny.walmsley1@btinternet.com

Improvements to the Greenway in Caton

The Sustrans project to improve the Greenway is now partially completed. Before the Christmas holidays the majority of the works were completed. Residents will notice enhancements to the route including safety improvements where the Greenway crosses Station Road, refreshed surfacing, widened access points, enhanced signage and more. .

Sustrans will be returning to site in early January to complete the project by undertaking works to the Bull Beck access ramp. A much smaller closure of the Greenway from Holme Lane heading east will be in place for approximately 3 weeks while these works are completed. Sustrans sincerely apologise for any inconvenience this may cause.

The project is also looking to engage with the local community to encourage more walking, cycling, and wheeling. Sustrans are arranging a free, fun event day on the path in February which may include activities such as a nature trail for kids and parents and the opportunity to have a go on our amazing smoothie bike, and more. Sustrans will publish more information about the event shortly. We would love to hear from you if you think there is something your local group/organisation could contribute to the day – please get in touch with Sustrans directly at EnglandNorth@sustrans.org.uk to chat further.

**Baptist Church
Artlebeck Bridge**
*10.30am: Morning Service and
Sunday School*
6.30pm: Evening Service

**Lune Valley Methodist Hub
Formerly Brookhouse
Methodist Church**
*Monthly services at
10.30am and 7.00pm*

**Caton Methodist
Brookhouse Road**
*10.30am: Morning Service and
Junior Church*

**Catholic Church
Station Yard**
Holy Mass Saturday at 6.00pm
*Holydays of Obligation Mass on
eve of Holyday at 6.00pm*

St Paul's C of E Brookhouse
*Sunday Communion Service at
10.00am*
*All Age Worship, read and led
by children: 1st Sunday of the
month*
*Sunday Club in the Church
Hall, term time Sundays
except 1st Sunday of month*
1st Wednesday of the month
Holy Communion at 10.00am

**Brookhouse Community
Church**
held at the Victoria Institute
*10.45am: Morning Service &
Junior Church*

It's free to put your event in the Link. Email the editor by the 15th of the month to be included. Also email the editor for advert enquiries.

Copy & Communications Copy by 15th of the month to the Editor:

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CATON WOMEN'S INSTITUTE
 December saw our Christmas party. We were entertained by the Barton Road Community Choir who sang for us after we shared a festive feast. We are back with a bang on January 4th; 7:30 at the Victoria Institute. Please come along and join us at our auction of preloved and unwanted new items. Bring things along to be auctioned off. You may not want it but someone else will find a home for it. There's always something for everyone and lots of bargains to be had. Bring cash and all money raised goes towards our funds for future activities. The January meeting is always a good one to try to see if you'd like to join the WI; it's lots of fun and visitors are always made to feel welcome.

CATON SPORTS ASSOCIATION/CATON UNITED FOOTBALL CLUB
 Happy New year to everyone! The football club has a new sponsor... Price Right Alarms. We would like to thank local man Kenny Norris for his support, it is greatly appreciated!
 We have recently trialled a new prize draw to replace the 200 club that was once in place in and around the local area. The link to enter is on the club website, catonsports.co.uk, and it is £5 per entry, £10 per two and so on. It is really simple to use! You can fully control your account, adding entries or cancelling at any time. The payment is taken on a rolling monthly basis with a draw of all the names of those entering taking place at the end of each month. The draw will take place live on our Facebook page with the winner being announced. Payments are controlled by "Donorbox" with all proceeds going back into the club to help ensure it is sustainable.
 Also, we're delighted that we have been chosen to benefit from the Co-op Local Community Fund. Only a handful of people have selected us so far as their good cause to support and we really hope that many more will visit the Co-op website or download the Co-op app and select us as their Local Community Fund cause. This will ensure we are able to continue improving our facilities so we can make a difference for those who currently use them, and those looking to use them.
 If you are looking to help us with suggestions or as a volunteer, you can contact us on social media via Facebook, Twitter, Instagram, or via email info@catonsports.co.uk all support is welcome.

BURNS NIGHT
 At the time of writing there are still some places available for Burns Night on the 19th January. Please contact tricia@marybankfarm.uk as soon as you can for tickets.
 This popular village event will take place at 7pm until midnight at the Victoria Institute. A classic haggis supper, with vegan and gluten-free options available, followed by traditional Burns Night speeches and, most importantly, a lively evening of dancing accompanied and Called by Caton Folk Band. A tot of whisky to toast the haggis is included in the £25 ticket price, all other drinks are Bring Your Own. There will be a raffle and a Whisky Roll competition. All profits help with hosting our French guests when they visit here next April and towards paying for the children's travel on our next visit to France.

CATON GALA
 Happy New Year. Thank you for your suggestion for a theme for Caton Gala 2024. After much deliberation, we have decided that the theme for this year will be "Olympic Sports, past and present". Please bear in mind that the "modern" Olympics started in 1896 but prior to that, the Ancient Greeks were at it in the 8th century BC. This should provide plenty of opportunities for fancy dress and other activities.
 As previously announced, Caton Gala 2024 will take place on the 18th May 2024 at Elm Grove Field, Caton. Further details will be announced as events and attractions are confirmed. There will be a short committee meeting at 7:30 PM on Friday the 4th of January 2024 at the Station Hotel, Caton. All are welcome to attend.

PAINTING GROUP
 Our first session for this year will be on Thursday 4th January and then the 18th January, at Lune Valley Methodist Hub, from 1.30-3.30pm. Everyone is welcome no matter what level of skill you have. If you have any materials bring them along, If not let me know and I can bring extra to share. We ask for a donation of £2.50 to cover costs, Tea/Coffee provided. Ruth 01524 770605

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VICTORIA INSTITUTE

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REWIRE NEWS £500 was raised at the Affordable Christmas Fair, thank you for supporting this event. You are invited to afternoon tea at the Victoria Institute on Saturday 27 th January 3:00-4:40pm. Tickets £12 per person from Peter. We are nearly there with raising the required funds, details are available on our website, further donations are still very welcome. The work is planned to take place April 2024

THIS MONTHS HIGHLIGHTED GROUPS

Caton Short Mat Bowls - Wednesday 10:00-12:00
Caton Leisure Club – weekly talks Monday 10:30-12:30
Oak Tree Crafts – Third Thursday of the month 2:00-4:00
U3A – second Wednesday of the month 2:00-4:00
Western Front Association – first Monday of the month 7:00-9:30
For details contact Peter

CATON COMMUNITY LIBRARY & IT ROOM

Christmas Closure Dates The Library will be closed from 12 noon on Thursday 21 st December and re-open at 10:00am on Tuesday 2nd January 2024

Opening Days and Times Monday & Wednesday 10:00am to 12:00 noon & 1:00 to 3:00pm
Tuesday & Thursday 10:00am to 12:00 noon

The IT 'Drop In' facility, offers 4 computers, all with Internet access and Microsoft Office software. The Library currently has a range of general fiction, crime & thriller, romance & saga, fiction & non-fiction, extended all ages children's as well as biographies and autobiographies. Thank you to everyone who uses the library, as we rely upon donations, please drop off your books. Duplicate and books that we just don't have space for are available to buy for a small donation.

COMPUTER USE COSTS £1.50 per hour, 75p for ½ hour & minimum charge of 50p. Cost per copy: - Scanning 10p PRINTING CHARGES Black & white 15p for A4 25p for A3; Colour 30p for A4 55p for A3

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Special rates are available for extended functions, please see the Schedule of Charges on our website.

BUSINESSES, TRADES & SERVICES The Victoria Institute has a display board for businesses, trades and services to promote themselves. Please leave your poster, business cards etc. with Peter at the Institute.

FREE TO ADVERTISE 'FOR SALE' BOARD Sell items for free on the noticeboard in the Victoria Institute. Collect a form from Peter in the Library/IT Room to advertise your items.

ARE YOU CONCERNED ABOUT FLOODING? Floodsax are available for sale from the Victoria Institute. The cost is £30.00 for a pack of five. Please contact Peter for more information.

EMERGENCY CENTRE The Victoria Institute is our village's Emergency Centre. If there are problems such as flooding, long periods without mains water, or power cuts, the Victoria Institute will be staffed and you'll be able to get practical help and information.

GET IN TOUCH For all queries, including hiring the Victoria Institute please contact: - Peter Collins the Community Centre Manager at the Institute on 01524 771733

Office Hours; Monday & Wednesday 10:00am to 12:00 noon and 1:00 to 3:00pm Tuesday & Thursday 10:00am to 12:00 noon You can email us on: admin@victoria-institute.org.uk Further information can be found at our website: www.victoria-institute.org.uk Follow us on Facebook: <https://www.facebook.com/victoria.institute.caton/>

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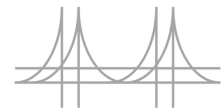
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FORD SERVICE

CATON PRIMARY SCHOOL

It has been a very busy and enjoyable run up to the Christmas holiday.

Our swimming squad achieved great success, coming 2nd out of eleven teams in the Lune Valley Swimming Gala. Our rugby team also performed well, coming 4th in the Lune Valley Rugby Tournament and our older girls benefitted from a non competitive multi sports event at Bay Leadership Academy, involving dodgeball and trampolining.

We love music at Caton Primary! On 11th December, we held a music concert. Years 3 and 4 played the ukulele; the school band, led by Miss Whinnett, expertly played three pieces; the choir sang and several soloists performed. It was a truly wonderful event. Our choir has been particularly busy singing in the community: at Quernmore Christmas Tree Festival; Caton Baptist Live Nativity; St Paul's pastoral service; and Hillcroft Nursing Home.

The children have experienced some wonderful trips. To complement their RE learning, Year 5 and 6 visited the Manjushri Kadampa Meditation Centre in Ulverston where they learnt all about the story of Buddha, key Buddhist principles and beliefs and even tried some meditation themselves. On 13th December, the whole school were treated to a trip to Shrek the Musical at Blackpool Winter Gardens. It was an excellent theatre experience for the children and wouldn't be possible without the support of our fabulous PTA.

The whole of KS2 took part in a Waterstones author event with best-selling author Katherine Rundell. She shared some wonderfully frightening and interesting tales, as well as insights into her story-writing process.

Our 'Elf Run' in aid of St John's Hospice was great fun. Donning elf hats, even our youngest children ran several laps of the running track and we raised £360 for this very worthy cause. Thank you to everyone who sponsored us.

The PTA's Christmas fair was a wonderful occasion, raising a massive £1639! Thank you to everyone who supported the event. We must give a special mention to Year 5 and 6 for the brilliant games which they made in their woodwork lessons.

The final week of term is packed with the usual festivities - our Christmas lunch, parties and of course the Nativity. We wish everyone in the community a very happy and peaceful Christmas and all the very best for 2024.

CATON ST PAUL'S C OF E PRIMARY SCHOOL

As usual, December was a busy month in school with us celebrating the birth of Jesus in a range of different ways. The KS1 nativity, 'Beep Beep Bethlehem' was beautiful and we were joined by our Pre-school children singing Little Donkey.

The KS2 carol service was lovely and we were pleased to see so many parents join us for this traditional event. Our choir have also been busy, singing at the pastoral morning, Live Nativity, coffee morning and the carol service at St Paul's Church - well done to all involved in these events.

In school, our KS2 children had a trip to watch Jack and the Beanstalk, and KS1 went to the cinema, with our active PTA paying for the cost of the coaches. Reception and Pre-school had a Christmas party with Superball Paul which was very exciting.

We had a SIAMS inspection just before Christmas and look forward to sharing this report with our community.

Continuing our commitment to involve our community, we held a coffee morning to coincide with our Elf Run to raise money for St John's Hospice. This was well attended and it was lovely to welcome so many people to share this with us. School Christmas dinner was on the same day, with children wearing Christmas jumpers and hats, adding to the festive feel of school.

Our commitment to sporting opportunities for all took us to 'glow dodgeball' at Lancaster University. A group of children, who hadn't represented school at sport before, had a wonderful time in the fluorescent outfits under the UV lights - we ensure that all our children have had a chance to play sport for school before they leave. The inter-house relay saw 50 children from Y1 - Y6 competing for the house cup, led by our sports leaders.

If you want to know more about our school, please check our website or follow us on Facebook, where we post about the exciting things that make our school the place it is. There is also a school video that gives you a flavour of life here at CSP. Primary school applications close in mid January so please let us know if you need more information - you are welcome to come and look round school.

We also have limited places left in Pre-school - if your child is 3, or turning 3, give us a call on 01524 770241 and we will happily show you round.

We are so lucky to have two great Primary schools in the village. If you have a child who will be 4 by September 2024, then the deadline to apply for their reception place is 15 January 2024. Both schools will gladly show you around if you haven't chosen yet.

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BROOKHOUSE COMMUNITY CHURCH meets in the Victoria Institute every Sunday morning from 10.45am. Junior Church is available each week for the children. for more details see our website and facebook page. To get in touch please contact Jim Hutchinson at pottyteats@gmail.com

COFFEE and CAKES - Wed. 10th Jan 10 to 11.30 am at the Victoria Institute - £1.50 per person.

'Tiddlywinks' Toddler Group Happy New Year ts & cs ! (toddlers & carers) We'll all meet again on Thurs 11th Jan 10 to 11.30 at Brookhouse Church Hall. £2.50 per family. Looking forward to hearing how the potty training's going.... Elaine, Jim-the-helper and Mary

V.I.P. Fundraiser We're putting on Afternoon Teas at the Victoria Institute on Sat. 27th Jan. 3.00 to 4.30pm. £12 per person. Admission by ticket only so that Mary and Joyce (our patisserie experts) will know exactly how many delicacies to prepare. Tickets are available from Peter (our very own Gino de Campo) at the Institute from the beginning of January.

ST PAUL'S CHURCH, BROOKHOUSE, CATON AND LITLEDALE

We will be holding services as usual at 10am each Sunday in January, with an All Age Service on the first Sunday of the month, 7th January.

St Paul's Youth Group, SPY, meets at the Vicarage, 153 Brookhouse Road, from 4pm every two weeks. This will begin again after Christmas on Thursday, 11th January from 4pm.

We will be holding a Confirmation service on Sunday, May 12th, at 10 am. Please contact Helen Scamman if you are interested in finding out more about this opportunity for people of any age to reaffirm their baptism vows and renew their Christian faith.

For any further information, please contact the Rev Helen Scamman on 07515498860 or 01524 770300. Alternatively you can email vicar@stpaulscaton.org.uk or look on our website: www.stpaulscaton.org.uk.

The Village Churchyard Volunteering The churchyard at St Paul's is an area for the whole village, for villagers from all churches, and none. The mowing and maintenance is covered by a rota of very willing volunteers and we all very much appreciate their contribution to village life. Thank you!

However we would welcome another couple of names to go onto the rota; all tools and protective equipment are provided. As with all jobs, the bigger the team the smaller the role for each individual. We are particularly looking for someone to do some regular strimming – could that be you? Please contact phrawsthorn@hotmail.co.uk if you would like more information.

Floral tributes We realise how important it is to remember loved ones at Christmas time, and many of you will leave floral tributes of some kind in the graveyard. We would very much appreciate it if you could tidy away those tributes by the end of January. After that point, we will tidy up any remaining tributes, in order to keep the graveyard looking beautiful, and to help our wonderful volunteers.

Dogs in the graveyard A polite request please to keep dogs on a lead while in the churchyard and always to clear up after them, as we all appreciate that this is a special space for our community.

COFFEE MORNINGS AT ST PAUL'S CHURCH

The next Coffee Morning will be at the Parish Hall on the 3rd of January 2024 at 10.30. The money raised will go to further development of the Church Hall. As usual there will be a raffle, a quiz, as well as stalls displaying a range of produce at reasonable prices. The Coffee Morning gives people the opportunity to meet friends and neighbours for a chat. You are most welcome to join us for a coffee, tea or cold drink as well as biscuits. The December Coffee Morning was a great success and raised £121.50 for the Church Funds. As well as mince pies, cakes and sherry we were entertained by St Paul's School Choir who sang several carols. Thanks go to them and to everyone who attended and supported this event.

BROOKHOUSE COMMUNITY CHURCH

Meet to eat:- There will be no Meet to Eat until further notice.

Coffee & Cakes Wednesday 10th January 10 till 11-30am.

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CATON BAPTIST CHURCH

Pastor Alan Wandsworth - Tel 01524 771371; Church Website - catonbaptist.org; More details on our website and Facebook page.

We continue to meet for worship on Sundays at 10.30am and 6.30pm. Sunday School during the morning service. We also have crèche facilities available during the morning service.

Please also remember if you would like to know more about becoming a Christian and finding new hope in Jesus, or if you have any concerns and worries and would like prayer or a chat you can contact Alan on the above number.

Ladies Meeting - We are a friendly group of ladies who meet once a fortnight on a Wednesday afternoon at 2pm. Our speakers always bring a devotional message and we all enjoy a cup of tea, coffee and biscuits afterwards. All ladies from the village and further afield are welcome to join us and transport can be arranged if you require a lift.

For any other enquiries or help with any matter phone Judith on 01524 770872.

The dates for January are 10th and 24th. We look forward to seeing you.

Crafty Tots is a fortnightly group held in Caton Baptist Church. Sessions will start at 9:30am until 10:30am and are open to Pre school children from the age of 18months+. Come and join us for crafts, stories and singing with a brew for the mums (and dads). For more information or to book your child's place please email - Catoncraftytots@gmail.com

The cost will be £2.50 per session. The dates for January are 12th and 26th.

We are planning to run an **Alpha Course** which will be starting on Tuesday 16th January at 7pm which continues for a series of weeks in Jan/Feb. If you are interested in knowing more about the Christian faith or have questions or concerns please come along, there will be food and no pressure, just an opportunity to talk, share or just listen. This course will be held in Caton Baptist Church. For more details please contact Alan on 01524 771371.

WHAT'S ON AT CATON METHODIST CHAPEL

Weekly Sunday Service 10:30am. We will worship at Caton apart from 7th January when we will be at Brookhouse. Everyone very welcome.

Saturday Soup Saturday 13th at the Lune Valley Methodist Hub 12:30pm - £3.00 per person. Enjoy soup and homemade cakes with friends.

Crafts @ Caton On Thursday 25th January 10-12pm. Come along for a coffee and chat.

THE LUNE VALLEY METHODIST HUB, BROOKHOUSE

Sunday Service 7th January 10:30am – Sunday Service finishing with refreshments

Saturday Soup Saturday 13th January 12:30pm Join us for homemade soup and cakes £3.00 per person.

Book and Jigsaw Exchange Saturday 20th January 10am-12pm. With Coffee and biscuits choose a book or jigsaw, any donations go to charity.

Bible Study 7pm Wednesday 10th and 24th January. (2nd and 4th Wednesday)

Community Hub incorporating Caton and Friends for Ukraine. Meet on 1st & 3rd Saturday of each month 2-4pm with Coffee and Cake. This month they will be on 6th January and 20th January.

CROWDFUNDING WHERE THE WILDINGS ARE!

As thousands of people gather in Dubai for the United Nations Climate Change Conference of the Parties (COP28), Where The Wildings Are! launches a local crowdfunding campaign to support schools across Lancaster District to play their role in tackling the climate and ecological emergency. Where The Wildings Are! (WTWA!) is an ambitious programme that seeks to turn educational establishments across Lancaster and Morecambe Bay into hubs that reverse climate change, biodiversity loss and food insecurity. It is part of North Lancashire's award winning FoodFutures partnership and wider support network which, together, seeks to cultivate a "thriving local food system that is healthy, resilient and fair".

The WTWA! project aims to transform the way young people engage with food, nature, and their environment, fostering a deeper understanding of their place in the world and their ability to shape it for the better. It also champions outdoor education, enhances food literacy, and nurtures a profound connection between children and their surroundings.

By harnessing the power of community engagement and nature-inspired learning, this project seeks to empower the next generation to become stewards of the planet.

For more information and to support the Where The Wildings Are! project, visit www.avivacommunityfund.co.uk/p/where-the-wildings-are-3



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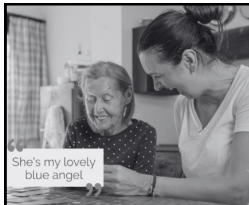
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FIRST SATURDAY LITTER PICK

A group of residents get together on the first Saturday of every month to pick up litter and tidy the villages. The meeting place is outside the Victoria Institute at 10.00 am, weather permitting. You decide how much time and whereabouts in the village needs some attention. Half an hour or an hour can – and does – make such a difference. If you have seen an area which would benefit from a tidy up, or have any queries, please contact Judy Powell on 771154. Rubbish bags, bag holders, and litter pickers are provided, and it is a good idea to bring your own gloves. Hi-viz vests (various sizes) also available on request. Next session: Saturday 6th January

CATON AND BROOKHOUSE FRIENDSHIP GROUP

A happy new year to all our members, we hope you had a good Xmas. The AGM is being held in the Station Hotel on January 18th at 11am. We hope that as many of you as possible are able to attend as we will be looking forward to the year ahead. For further information please contact Ally Whitfield 01524 770827 - 07738912923

GARDENING CLUB

The club members enjoyed our Christmas meeting in December. Phil and Jane both had us laughing and digging deep for the answers in their two, very different, tree and shrub themed quizzes. January will see members meeting to celebrate the New Year with our popular and very sociable Saturday Lunch.

We have 2 further events on the calendar before our AGM.

On February 8th Trevor Pearce will talk to us about the Heyday of Victorian Gardening. March 14th sees the return of plantswoman, Jaqueline Iddon, whose previous visits have been very popular.

Non members can expect a warm welcome at any of our speaker evenings. £2 entry including hot drink and biscuits.



Did you make to to the Live Nativity last month? Wasn't it fabulous! The queue was a bit long when we arrived and the rain and wind didn't help but it was worth the wait. There were Roman soldiers at the door (slightly damp) and then everyone had to sign the official census as they entered Bethlehem. For many, it was the first time they'd used a dip pen! Inside it was crowded! Just like it would have been all those years ago. We were given a gold coin to spend at any of the stalls. Various merchants had set out their wares: fish, bread, blacksmith, wood and pottery All were willing to speak about their craft. Live animals sat in their pens quite happily joining the fun. Shepherds arrived pushing through the crowds to reach the stable, followed by three kings and a chorus of angels. A very cooperative live baby played the main role. She was asleep when we got to the stable so she'd obviously listened during rehearsals. Mince pies and hot drinks followed and the end of the event was rounded off by spectacular singing from our village school children with a Christmas message from the Pastor. Thank you very much to all who were involved. It was a superb event and everyone I spoke to enjoyed it immensely.

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MOBILE LIBRARY

Lancashire Libraries mobile visits us every three weeks. This month Thursday 11th January 1-3.30pm in the Station Hotel car park and Friday 12th January at Lune Valley Methodist Hub in Brookhouse, 9.30-10am.

HELP AND ADVICE ON MONEY AND KEEPING WARM

Key organisations which can help you find financial support and other assistance include:

Citizens Advice North Lancashire 0808 278 7882

AgeUK Lancashire 0300 303 1234

Community Connectors - for Lancaster City Council and Lancashire County Council 01524 58200

Lancashire Fire and Rescue - for home safety including heating 01772 862545

Green Rose - Consumer advice especially on heating and insulation 0800 702 2528

CATON LEISURE CLUB

FREE! A warm welcome, especially to new visitors. Come along for our interesting programme of speakers each Monday and chat over tea/coffee and biscuits. Annual membership is just £5 with the first talk free (£3 each meeting thereafter) or £4 for non members.

Following a delicious Christmas meal with entertainment afterwards we look forward now to a season of wonderful talks.

Speakers for January are: -

8th South America and Ecuador John Snaleman

15th A Moveable feast Barbara Broadbent

21st The Stone Age Christopher Robson

29th Thurnam John Regan

Norma's Chair Exercises

Come and loosen up your limbs especially during winter days. 0900 to 1000 each Monday at the Institute. Join for £5 on the first visit and have the session free, then £2 for further visits.

Indoor Mat Bowls

Have Fun! They take place, again at the Institute, each Wednesday from 10 to 12.

Join for £5 and have the first session free, then £3 for further visits.

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Lady in Hornby with MS requires Personal Assistant to join a team of four. Mainly personal care. Approx 20 hrs p/w negotiable. £15 - 18 per hour. Alternate weekends plus a few weekdays. Other times may be possible. Tel 015242 21785 for informal chat and more info.

PORTABLE DEFIBRILLATOR

This year please don't forget that the village has a portable AED that can be borrowed for your group's trips and events. Let's hope you never have to wish you'd taken it. Contact tricia@marybankfarm.uk for further information and to book it.

ACKNOWLEDGEMENTS

Thank you to all my friends and neighbours who have helped me over the last few months.

This has been a difficult time but it has been made so much easier with all your kindness and good wishes. Wishing you all a happy and healthy 2024. Janet Maynard

FROM THE ED

Thank you to all our readers of 2023. Thank you to everyone who sends in their contributions, all our volunteers who deliver to all the houses in the villages, our treasurer and our past editor Anne.

On behalf of the team, I wish you all a very happy new year and a wonderful 2024.



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